

Wrestling Clinic
June 17, 18, 19, 2009
Ages 7-12

Cost: **\$50** for **THREE** night sessions
 \$10 discount per wrestler- (Family Rate)
 \$20 for **SINGLE** night attendance

Location: Slippery Rock High School Gymnasium

Time: 6:00-9:00 pm

Clinicians: Don Henry, Gannon University
 Tom McGarity, Pine Richland High School
 Steve Roberts, Slippery Rock University
 Scott Stoner, Butler High School
 Chuck Tursky, Kiski High School

Techniques: Takedowns Attacks
 Shrugs
 Single Leg (low level and high level)
 Double Leg
 Heel Picks
 Takedown Defense and Counters
 Hand Control and Counters
 Roll and Switch
 Tilts and Leg Riding
 Bars and Pins

***Rock Clinic Shooter Shirt for wrestlers attending all three nights**

For application call **724-794-8180 / 794-8181**

For detail info e-mail **janefred@zoominternet.net**